



2024 CFSS Meeting Topics

CFSS meets virtually on the 2nd Saturday of every month

JANUARY 13

Looking Back and Forward

Looking in the rearview mirror and the road that lies ahead.

FEBRUARY 10

Love Multiplied: A CF Senior Saturday Double Feature

Catch us at BreatheCon and join in our regular 2nd Saturday monthly gathering to discuss mental health.

MARCH 9

From Top to Bottom

Aging CF Health. Learn about the significance of general annual screenings

APRIL 13

Decisions and Plans

Unveiling the importance of our healthcare preferences for the future.

MAY 11

May Awareness Potpourri

Discovering the interconnected world of awareness topics.

JUNE 8

Chasing Sunshine

Exploring dreamy vacations, practical staycations while considering medical matters.

JULY 13

Ready for Anything

Building preparedness for extreme weather.

AUGUST 10

Creating Impact Together

Exploring the ways nonprofits contribute to the support of our Aging with CF community.

SEPTEMBER 14

Transcending Limits

Elevating awareness about Aging with CF.

OCTOBER 12

Navigate, Choose, Enroll: Open Enrollment

Discover what's new, stay informed, and enroll for the upcoming year.

NOVEMBER 9

Caregiving Chronicles

Sharing key insights for understanding, planning, and nurturing.

DECEMBER 14

Indulge in Cookies, Cocoa, and Festive Fun on Our 3rd Annual Event

Join us to celebrate the close of an incredible year!

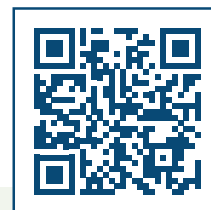
How to Attend

CFSS meets virtual via Zoom on the 2nd Saturday monthly. Registration is required.

Zoom link provided after registration is complete!

Scan the QR code to complete the online enrollment form →

SCAN TO ENROLL



CF Senior Saturday Meet & Greet is supported in part by an Impact Grant award from the Cystic Fibrosis Foundation

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